ARE YOU SUFFERING FROM ANY OF THESE SYMPTOMS?
- Dizziness or Vertigo
- Nausea or Vomiting
- Imbalance or loss of balance
- Visual Disturbances
- Hearing Changes
- Headaches

IF YOU ANSWER YES TO ANY OF THE ABOVE QUESTIONS, VESTIBULAR THERAPY CAN HELP YOU.

Vestibular and Balance Therapy at Loudoun Sports Therapy Center is a beneficial way to deal with any of the above conditions.

We are here to help you get back to feeling like yourself again.

“We Care. We Listen. We Get Results!”

Don't wait! Call now! 703-450-4300

Don’t let dizziness and loss of balance keep you from doing all of the things you want to do.

Let us help you get the RESULTS you are looking for!

21251 Ridgetop Circle
Suite 140
Sterling, VA
703-450-4300
www.loudounsportstherapy.com

Call today if you suffer from:
Vertigo
Dizziness
Motion Sickness
Imbalance

Loudoun Sports Therapy Center
Live life pain free with physical therapy.

www.loudounsportstherapy.com
703-450-4300
Dr. Devin Wurman
Physical Therapist
Certified Vestibular Therapist

Devin graduated with her Doctorate of Physical Therapy from the University of Pittsburgh in 2003 & has been a Certified Vestibular Therapist since 2005.

Devin is a skilled expert in treating patients who experience mild to severe dizziness and imbalance. She uses proven techniques to address many issues that affect inner ear conditions such as Benign Paroxysmal Positional Vertigo (BPPV), Labyrinthitis, Meniere’s disease, and Migraine Associated Vertigo.

Devin provides each patient with a personalized evaluation and treatment plan based on their specific needs and symptoms.

90% of patients with BPPV who receive Vestibular Physical Therapy have gotten results and shown significant improvement in one to two visits.

Don’t wait! Call today:
703-450-4300

Visit our website today to learn more about our Vestibular Physical Therapy Program:
www.loudounsportstherapy.com

Treatment of Balance and Vestibular conditions at
Loudoun Sports Therapy Center

- Each patient will receive a full evaluation to assess vision and visual motor skills, balance, gait, motion sensitivity, strength, sensation, flexibility, and coordination.
- Devin will use special tests including, Hallpike test, to determine the cause of your symptoms.
- She will provide you with a comprehensive description of the evaluation findings and her prescribed treatment plan.
- Devin will then provide you with a custom home exercise program.
- You will receive one on one treatment based on your needs and evaluation findings. Devin has the special training to utilize Canalith Repositioning techniques as needed to get you results!

Usual causes of dizziness and imbalance

- Benign Paroxysmal Positional Vertigo (BPPV)
- Labyrinthitis
- Vestibular Neuritis
- Bilateral Vestibular loss from Ototoxicity
- Meniere’s Disease
- Head Trauma
- Tumors
- Stroke / TIA’s

What is Vestibular Physical Therapy?

Vestibular Physical Therapy is geared towards eliminating your symptoms of dizziness and imbalance and involves an individualized exercise based program to promote central nervous system compensation for inner ear deficits.

Vestibular Physical Therapy is both conservative and non-invasive. It is a drug free option to effectively treat your symptoms of vertigo, dizziness, motion sensitivity, and other balance disorders.

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